

Swimming New Zealand Zonal Championships

Swimmer Profile

Name: Hannah Bates	Age: 14
Club: Selwyn	Coach: Ellie Sinclair
About Hannah	

Greatest achievement in swimming:

Last year I won 18 medals over two back to back national swim meets in Wellington. From the NZ Secondary Schools meet I won 9 gold and 1 bronze medals and achieved 9 out of 10 personal best times. I also broke four race meet records. I backed up these results at NZ Short Course Nationals with 1 gold, 3 silver and 4 bronze individual medals. I also obtained another bronze medal as a member of the 15 and under Canterbury 4 x 100m medley relay team.

Major goals for the next 2 years:

To make the NZ youth team to compete at Australian Age Groups and the Australian Short Course Nationals. To continue to improve my technique and speed in order to improve my current personal bests.

Interests:

Swimming, spending time and relaxing with friends and family.

School/University/subjects/company/position?

I am currently in Year 10 at Christchurch Girls' High School



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What New Zealander inspires you the most & why?

My biggest inspiration is Sophie Pascoe. She inspires me to never give up on my dreams, to believe in myself and to trust my coach. She has also taught me when the going gets tough not to give up on my dreams – fight for what I want!